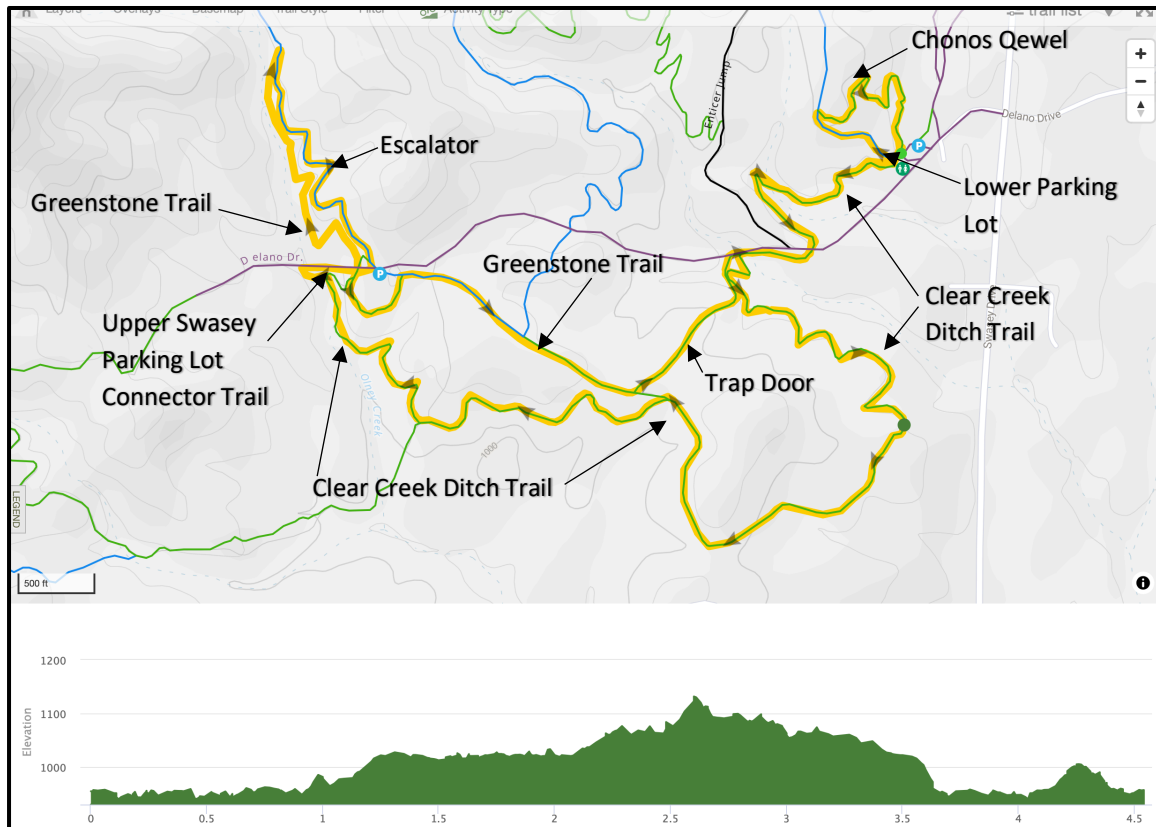




Bigfoot Mountain Bike Challenge

Swasey Flatlands Route Information



Distance and Elevation: 5 miles and 275 feet of climbing

Trailhead Location: Swasey Recreation Area – Lower Swasey Parking Lot – Delano Dr., Redding, CA

Route Directions:

1. Clear Creek Canal Trail – Take the singletrack trail out of the southwest corner of the parking lot. This trail will cross Delano Drive, cross the a creek, heads left into a ditch trail, climbs some and eventually connects with a trail connecting to the Upper Swasey Parking Lot.
2. Upper Parking Lot Connector Trail – Just before the Upper Parking lot you will take the connector trail to the upper parking lot trailhead and the Greenstone Trail.
3. Greenstone Trail – Just before reaching the upper parking lot, turn left onto the Greenstone Trail(the lower trail) and stay on this ditch trail as it passes along a creek before making a short climb.
4. Escalator Connector Trail – after the short climb, turn hard right onto the Escalator trail taking you back towards the upper parking lot.
5. Greenstone Trail Again to Trap Door – just before reaching the Upper Parking Lot, turn right on the road and then left onto the single track Greenstone Trail taking you around the Upper Parking Lot, onto a fire road, and then eventually left on to the Trap Door Trail and back to the Clear Creek Canal Trail.
6. Clear Creek Canal Trail Again – once back to Delano, take the Clear Creek Canal Trail back to the lower parking lot (you have been here before).
7. Chonos Crewel – as you reach the Lower Parking Lot take a hard left up the hill on the Wintu Yeman Trail (it's a fire road at this point), at the top of it turn right onto the Chonos Qewel flow trail and finish your ride.

Detail: This Bigfoot Adventure Challenge route is a Bigfoot classic in the BLM managed Swasey Recreation Area near Redding. The rider can expect multiple green level low grade ditch and old school single track trails traversing the Swasey Flatlands with a fun, fast flowy green level Chonos Qewel trail finish.

Questions: Call Brian at 530-638-5098 or Nate at 530-515-0908