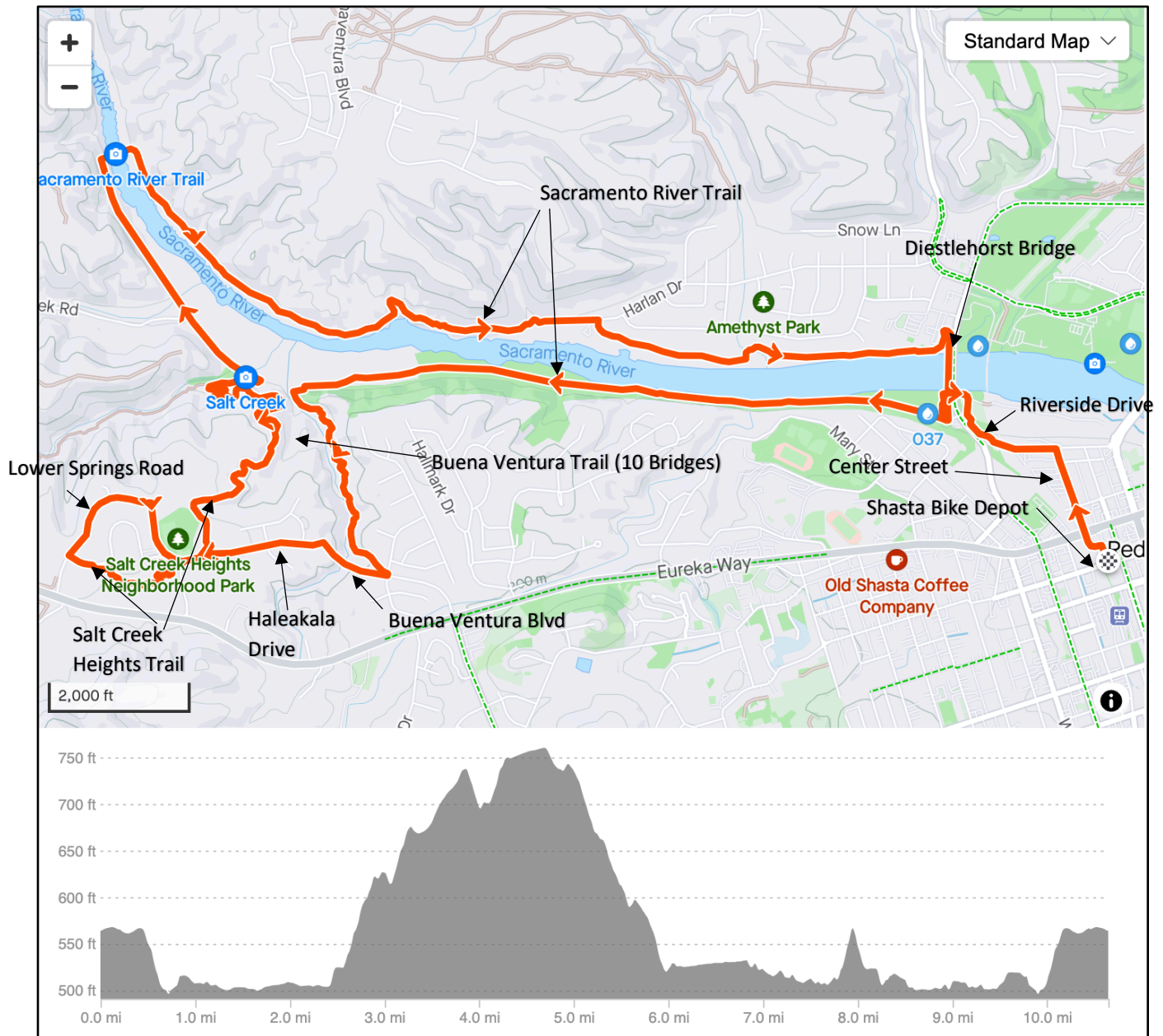




Bigfoot Mountain Bike Challenge

Salt Creek Heights Route Information



Distance and Elevation: 10.6 miles and 500 feet of climbing

Trailhead Location: Shasta Bike Depot – Center Street/Shasta Street Start

Route Directions:

1. Center Street to Riverside Drive – take the Cycle Track along Center and Riverside to the Diestlehorst Bridge
2. Diestlehorst to Sacramento River Trail – take the paved trail that goes under the Diestlehorst and up to the SCR.
3. Sac River Trail to Buena Ventura (10 Bridges) – right on the SCR and up 10 Bridges
4. BV to Haleakala – north on Buena Ventura, left on Haleakala, back to the Park and Salt Creek Heights Trail
5. Middle Section of Salt Creek Trails – just past the start of the park, take the trail to the left all the way to Lower Springs
6. Return on Lower Springs and Haleakala to the Park
7. Salt Creek Heights (3 Bridges) Lower Section – take 3 Bridges to the Salt Creek Trail and the short distance to the SRT.
8. Sac River Trail to Diestlehorst – up the SCR, across the Stressed Ribbon Bridge and back to the Diestlehorst Bridge
9. Diestlehorst to Shasta Bike Depot – across the Diestlehorst Bridge and then reverse your first steps back to start.

Summary: This Bigfoot Adventure Challenge route connecting to Downtown Redding to the Sacramento River Trail (SRT) and new Salt Creek Heights trails. The rider can expect much of the route on paved SRT trail immediately adjacent to the Sacramento River

with the middle section climbing the green level, multi use Buena Venture trail followed by the flowy Salt Creek Heights trail back to the river.

Questions: Call Brian at 530-638-5098 or Nate at 530-515-0908