

Distance and Elevation: 6 miles and 620 feet of climbing

Trailhead Location: Gateway Trail Trailhead Parking Lot – Everitt Memorial Highway – Mt. Shasta, CA

## **Route Directions:**

- 1. Gateway to Foundation from the parking lot, head out the Gateway Trail a short distance until right on Foundation
- 2. Foundation Trail -continue straight on Foundation Trail, cross a dirt road until the intersection with My Trail
- 3. My Trail to Tunnel Trail My Trail to Tunnell Trail and eventually to an intersection with Stump Trail.
- 4. Tunnel Trail at the T intersection with the Tunnel Trail, take a left onto the Tunnel Trail
- 5. Stump Trail just as Tunnel begins a climb, take a right onto the Stump Trail and take this until a hard left to Gateway
- 6. Pig Farm at the big intersection with roads and trails, take a right onto the Pig Farm trail
- 7. My Trail at the bottom of the Pig Farm Trail, continue straight onto My Trail
- 8. Foundation Trail back to the start retrace Foundation to Gateway and back to your start.

**Detail:** This Bigfoot Adventure Challenge route is on the base of Mount Shasta within an amazing conifer forest and the Gateway trail complex. The rider can expect a wide of trails from green level low grade climbs and decents to some punchy and rocky at times blue level climbs to the arguably most popular Gateway Pig Farm Flow trail (thrilling!).

Questions: Call Brian at 530-638-5098 or Nate at 530-515-0908