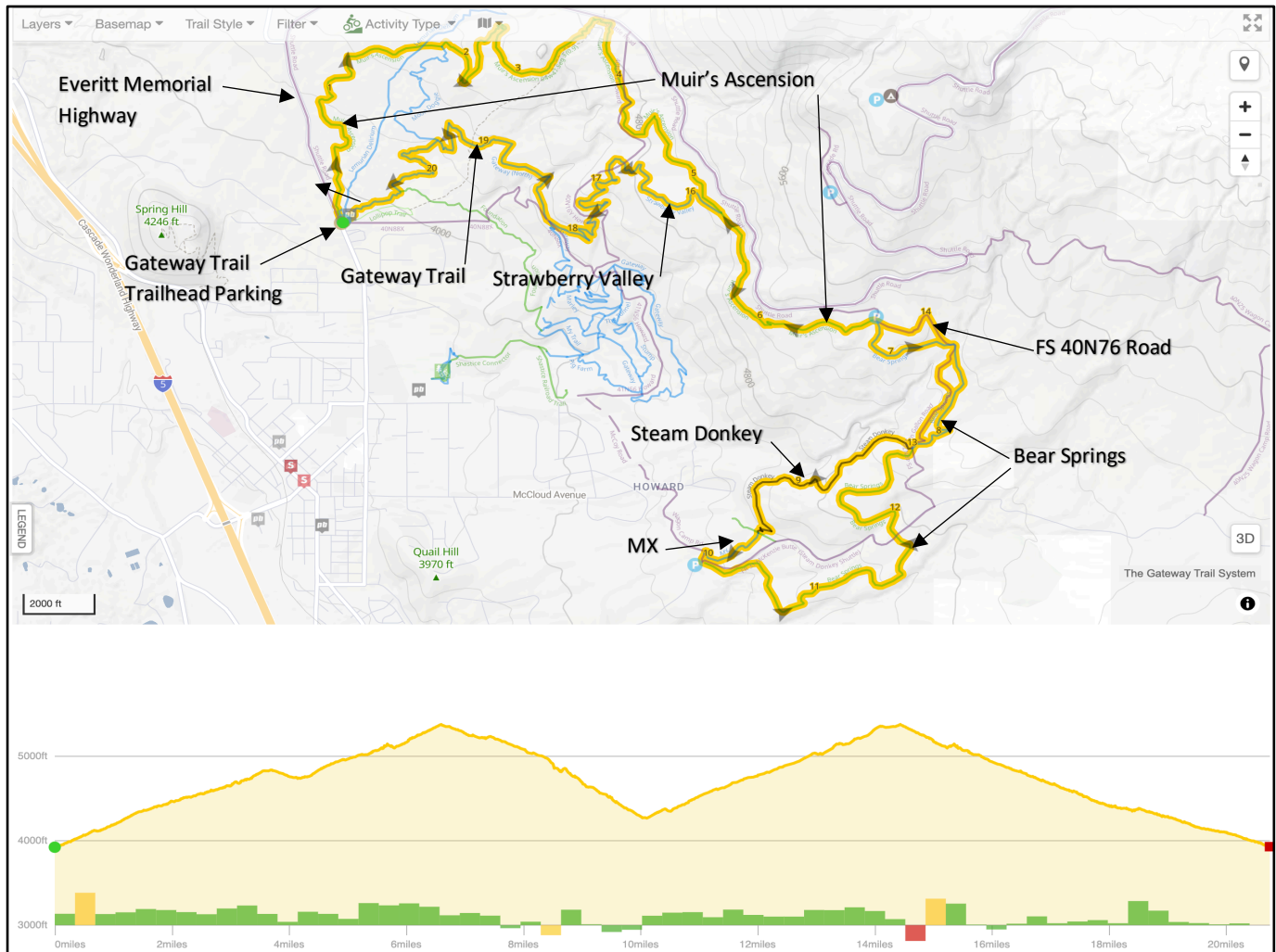




Bigfoot Adventure Challenge

Mount Shasta Gateway 8 Advanced MTB Route Information



Distance and Elevation: 20.8 miles and 2,850 feet of climbing

Trailhead Location: Gateway Trail Trailhead Parking Lot – Everett Memorial Highway – Mt. Shasta, CA

Route Directions:

1. Muir's Ascension Trail – head north on the Muir's Ascension Trail – this trail will be a long, beautiful, mostly climb all the way to the Bear Springs Trail.
2. Dirt Road to Everett Memorial Highway – follow the dirt road up and left to Everett Memorial Highway
3. Bear Springs Trail to Steam Donkey to MX – down these trails (flow to rock tech) to the MX Trail
4. MX to Bear Springs – MX trail, cross the paved road to Bear Springs and climb for awhile back to the intersection of Steam Donkey and Bear Springs (you have been here before)
5. Road 40N76 to Muir's Ascension – take the dirt road all the way through to Muir's Ascension (been here!)
6. Muir's Ascension through Strawberry Valley – backwards on what you have already been on until Strawberry Valley, take a left til the trail ends at dirt road/Gateway Trail.
7. Gateway Trail – right on the dirt road and then right again on to the Gateway Trail and finish your ride.

Summary: This Bigfoot Adventure Challenge route is on the West side of the Whiskeytown National Recreation Area to the west of Redding. The rider can expect a series of blue level old school challenging climbs and descents on sometime smooth, many times rocky, all the time fun trails.

Contact: Call Brian at 530-638-5098 or Nate at 530-515-0908